

## **CEEA SWIMMING LONG COURSE CHAMPIONSHIPS**

In addition to the CEEA General Event Rules the following

### **REGULATIONS**

shall apply:

#### **ESC 1 ORGANISATION**

ESC 1.1 The Championships shall be held every odd year.

ESC 1.2 The organising Members and the place where the Championships will be held shall be decided by the CEEA

Bureau and circulated by the CEEA Office.

ESC 1.3 Three (3) Delegates, one (1) to be appointed by the Bureau and two (2) by the CEEA Technical Swimming Committee (CEEA TSC), will be responsible for and supervise the organisation and the correct conduct of the competitions according to CEEA Rules and Regulations. The Delegates will decide on all matters arising on site at the competition which require an immediate decision.

#### **ESC 2 EVENTS AND PARTICIPATION**

ESC 2.1 Age groups are (men and women):

- Boys – 10-18 years by 31 December in the year of competition

- Girls – 10-17 years by 31 December in the year of competition

and events are (men and women):

- Freestyle 50 m, 100 m, 200 m, 400 m, 800 m (women only), 1500 m (men only);

- Breaststroke 50 m, 100 m, 200 m;

- Backstroke 50 m, 100 m, 200 m;

- Butterfly 50 m, 100 m, 200 m;

- Individual Medley 100 m, 200 m, 400 m;

- Freestyle Relay 4 x 100 m;

- Medley Relay 4 x 100 m;

- Mixed Relays 4 x 100 m Freestyle, 4 x 100 m Medley.

ESC 2.2 In individual events a maximum of four (4) entries per Member and per event may be submitted. Notwithstanding the times or places achieved in the heats, only the two (2) fastest swimmers of the respective Member may:

a) proceed to the semi-finals and/or finals;

b) take part in a swim-off;

c) be nominated as a reserve.

In any event where heats are not held a maximum of two (2) swimmers per Member may take part in semi-finals, finals or timed finals.

ESC 2.3 In relay events one (1) entry per Member and per event may be submitted.

ESC 2.4 The order of the events will be circulated by the CEEA Office.

## **ESC 3 FORMAT**

### **ESC 3.1 Standards and Lane placing**

ESC 3.1.1 Entries will be accepted regardless of standards, but they shall include entry times including 0.00

ESC 3.1.2 The entry time shall be taken from the CEEA Ranking list.

Entry times achieved in 25m pools and 50m pools shall be accepted

Entry times shall not be older than fifteen (15) months prior to the first day of the swimming competition.

ESC 3.1.3 Lane placing for heats shall be:

a) for individual swimming according to FINA Rules, based on the entry times;

b) for relay heats and timed finals by draw.

ESC 3.1.4 Heats, Semi-Finals and Finals may be swum using 10 lanes.

### **ESC 3.2 Qualification System**

ESC 3.2.1 In 50 m and 100 m events there shall be heats and finals.

ESC 3.2.2 In 200 m, 400 m and relay events there shall be heats and finals.

ESC 3.2.3 In 800 m and 1500 m events there shall be finals.

ESC 3.2.4 In events qualification for the final shall be based on times established in the heats in accordance with FINA Rules.

ESC 3.2.5 An individual swimmer or relay team qualified but not wishing to take part in a semi-final or final shall withdraw within 30 minutes from the end of the heats or semi-finals concerned; otherwise they shall be fined according to Rule E 17.6.

ESC 3.2.6 Reserves for semi-finals and finals are decided according to times established in the heats. In cases of withdrawal it is the responsibility of the team manager to ensure the reserve is present. A Member failing to do so shall be fined according to E 17.6.

### **ESC 3.3 Relays**

ESC 3.3.1 All swimmers entered for the Championships may swim in relays.

ESC 3.3.2 The composition of relay teams shall be declared in order of swimming no later than one hour before the commencement of the session in which the race will take place. In a case of emergency the referee on request in writing may accept changes up to the time of the start.

ESC 3.3.3 The composition of a relay team may be changed between heats and finals of an event.

ESC 3.3.4 In relay team events all participating members (including those who participated only in heats) of the teams finishing first, second and third shall qualify to receive medals but only the swimmers who participated in the finals shall attend the victory ceremony and media presentation.

## **ESC 4 ENTRIES**

ESC 4.1 Preliminary Entries shall be submitted to the organising Member, with copy to the CEEA Office, no later than the date circulated by the CEEA Office.

ESC 4.2 A Member having made a Preliminary Entry may withdraw up to the date circulated by the CEEA Office.

ESC 4.3 Named entries shall be submitted to the organising Member, with copy to the CEEA Office, no later than ten (10) days before the first day of the competition, if not announced otherwise.

ESC 4.4 Competitors who cannot prove identity and citizenship shall not be permitted to take part in the Championships.

ESC 4.5 Following the close of entries all entry times are updated by LPIN using the fastest available time listed on Swim Rankings.

ESC 4.6 Following publication of the initial entry list Team Leaders ("TL") shall have the ability to make corrections, substitutions and withdrawals up to 24 hours prior to the TL meeting. Prior to the TL meeting each team will receive a "Update/Corrections" report prepared by LPIN for confirmation of entries. Final corrections, substitutions and withdrawals may be submitted during the TL meeting.

## **ESC 5 ACCREDITATION**

ESC 5.1 Members entering the Championships will receive accreditation for:

- a) the President of the Member;
- b) the Head of the Delegation;
- c) the entered competitors;
- d) one medical person;
- e) a second medical person if more than twenty competitors have been entered;
- f) one physiotherapist for up to 10 athletes entered, two for 10 to 20 athletes entered, three for 20 to 30 athletes entered, etc.
- g) team staff members:
  - 6 for up to 15 competitors;
  - 7 for up to 20 competitors;
  - 8 for more than 20 competitors.

ESC 5.2 The number of team staff members shall not exceed the number of competitors plus one.

ESC 5.3 Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials such as judges, referees, etc.).

## **ESC 6 OFFICIALS**

ESC 6.1 In addition to the Technical Delegates, two (2) referees, one (1) starter, one control room supervisor (1), one call room supervisor (1) and one (1) announcer will be appointed by the CEEA Technical Swimming Committee.

ESC 6.2 Members may nominate one or two officials qualified on one of the current FINA Lists. Nominations shall be submitted to the CEEA Office no later than the date circulated by the CEEA Office.

All costs for Officials approved by the Technical Swimming Committee shall be paid by the nominating Member.

ESC 6.3 The organising Member shall supply all other officials.

ESC 6.4 The CEEA Technical Swimming Committee shall nominate the officials for each competition day.

## **ESC 7 CHAMPIONSHIPS TROPHY**

ESC 7.1 The Trophy shall be awarded to the Member obtaining the highest number of points in both men's and women's events according to the following system:

a) in individual events using 8/10lanes:

Places 1 - 8: 9,7,6,5,4,3,2,1 points

b) in relay events using 8/10 lanes:

Places 1 - 8: 18,14,13,12,11,10,9,8 points

ESC 7.2 In case of a tie the highest points shall be awarded to each swimmer or relay team.